

# The Golden Rule



Religions in general have as a principle that is known as The Golden Rule - treat others as you would like treated. If this was followed then violence against others would be unknown. It may be much more honoured in the breach than in the observance but it is a principle common to the religions of the world—and humanistic philosophies too.

- Lay not on any soul a load that you would not wish to be laid upon you, and desire not for anyone the things you would not desire for yourself. - Baha'u'llah, Gleanings, Baha'i Faith
- Treat not others in ways that you yourself would find hurtful. - The Buddha, Udana-Varga 5.18, Buddhism
- In everything, do to others as you would have them do to you; for this is the law and the prophets.- Jesus, Matthew 7:12, Christianity
- One word which sums up the basis of all good conduct. . .loving kindness. Do not do to others what you do not want done to yourself. - Confucius, Analects 15.23, Confucianism
- This is the sum of duty: do not do to others what would cause pain if done to you. - Mahabharata 5:1517, Hinduism
- Not one of you truly believes until you wish for others what you wish for yourself. - The Prophet Muhammad (pbuh), Hadith, Islam
- One should treat all creatures in the world as one would like to be treated. - Mahavira, Suttrakritanga, Jainism
- What is hateful to you, do not do to your neighbour. This is the whole Torah; all the rest is commentary. - Hillel, Talmud, Shabbath 31a, Judaism
- I am a stranger to no one; and no one is a stranger to me. Indeed, I am a friend to all. - Guru Granth Sahib, pg. 1299, Sikhism
- Regard your neighbour's gain as your own gain and your neighbour's loss as your own loss. - T'ai Shang Kan Ying P'ien, 213-218, Taoism